

A Parenting Guide to **Surviving Middle School** With Your Sanity Intact



The middle school years are filled with many changes, for both students and their parents.

In this entertaining and enlightening discussion, psychologist Dr. David Welsh will draw upon 35 years of experience as a psychologist working with middle schoolers and their parents.

Dr. David Welsh
www.drdavidwelsh.com

You will learn practical do's and don'ts for navigating the turbulent waters of early adolescence...without drowning!

Middle School Open House
Thursday, Sept. 27; 6:30 P.M.

St. Paul Lutheran School
Partnering with Parents for

